



Vol 1



CHRIS-TELLS

August, 2026

NEWSLETTER OF CHRIST NAGAR HR SEC. SCHOOL

Principal's Desk



Education plays a vital role in moulding the individuality of a child into that of a healthy, strong, and happy person. At Christ Nagar, we strive to provide not only academic excellence but also the skills and values necessary to help every child face the challenges of the 21st century in a balanced and harmonious manner.

All the activities at Christ Nagar are designed to nurture our children and promote the development of a healthy mind and body.

This newsletter reflects how our students are preparing themselves to face the challenges of life by actively

participating in a wide range of academic, co-scholastic, and extracurricular activities. Such experiences help them develop a strong mind and body while enhancing their academic performance and essential life skills. I extend my heartfelt congratulations to all the staff and students for their dedicated efforts in bringing out this beautiful School Newsletter. I also express my sincere gratitude to all the parents for their constant support and encouragement throughout the year.

With warm regards,

Rev. Fr Jojo Vadakkeparampil CMI
Principal

SCHOOL EVENTS

2
JUNE

Reopening Day, KG Section (UKG)

The school reopened for the Upper Kindergarten students on 02 July, 2026.



3
JUNE

The commencement of the Academic Session for the Classes I-XII was on 03 June, 2026.



4
JUNE

The KG classes commenced on 04 June, 2026, ushering in a new academic year for the young learners.



5
JUNE

ENVIRONMENT DAY CELEBRATIONS



The school observed Environment Day across its various sections, fostering environmental consciousness among students through diverse activities.

The KG Environment Day celebrations featured a Nature Walk across the school premises and a Sapling-Planting Drive, instilling in the young learners an appreciation for nature and the importance of environmental conservation.

Fostering ecological awareness and promoting students to embrace sustainable practices, Environment Day was observed across Classes I–XII through poster-making and write-ups on environmental conservation, followed by distribution of saplings.



8
JUNE

On 08 June, 2026, the school warmly welcomed the Pre-KG students, marking the beginning of their joyful learning experience.



11
JUNE

MERIT DAY



Christ Nagar Higher Secondary School celebrated its Merit Day on 11 June, 2026 with great pride and grandeur, honouring the outstanding academic achievements of its students in the ISC and ICSE Board Examinations 2026. Ms Manisha Asok, a distinguished alumna and All India Rank 24 holder in the UPSC IFS Examination, 2025, graced the occasion and shared an inspiring address.



12
JUNE

SCHOOL PARLIAMENTARY ELECTION

On 12 June, 2026, the School Parliamentary Election was conducted through a democratic voting process, providing students with an opportunity to actively participate in electing their representatives through ballot paper and computerised voting system, fostering the values of leadership, responsibility and accountability.



18
JUNE

INVESTITURE CEREMONY



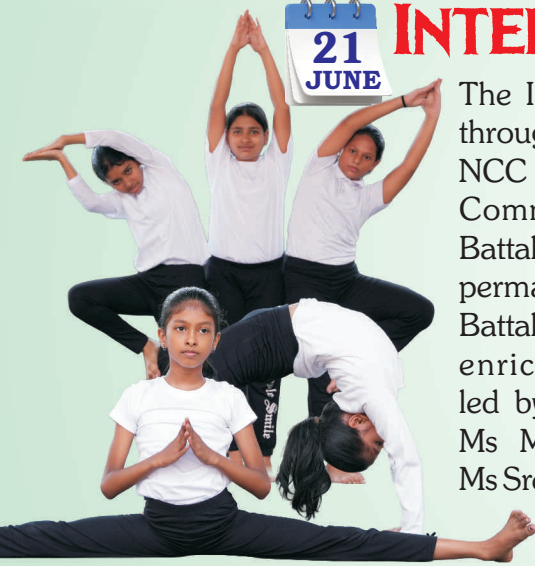
The school calendar marked a significant occasion on 18 June, 2026, the Investiture Ceremony for the academic year 2026-27.

George Joseph and Ashima A of Class XII were elected as the Head Boy and Head Girl respectively. Representatives of various portfolios, along with the School Prefects and House Captains, were formally entrusted with their duties and responsibilities, marking the beginning of a new chapter in student leadership.



21
JUNE

INTERNATIONAL DAY OF YOGA



The International Day of Yoga was celebrated on 21 June at Kowdiar Palace through a joint initiative of the 2 Kerala Battalion NCC and Christ Nagar School NCC Unit. The programme was attended by Lt. Sashikumar Chandran, VSM, Commanding Officer, 2K Battalion NCC, along with the permanent instructors of the Battalion. The event featured enriching yoga sessions led by distinguished trainers Ms Mini Jayakrishnan and Ms Sreekaladevi S.



26
JUNE

INTERNATIONAL DAY AGAINST DRUG ABUSE

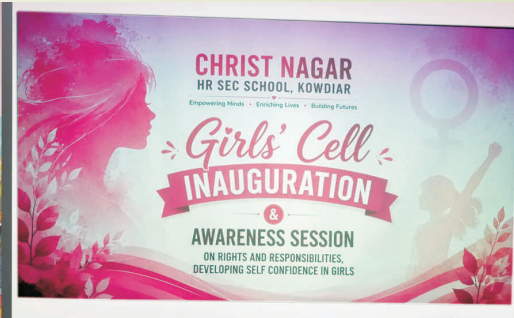
On 26 June, 2026, the Creative Club observed the International Day Against Drug Abuse with a street play, flash mob, poster display and an awareness talk promoting a drug-free lifestyle. Students also took the Thoofan Anti-Drug pledge as a mark of their commitment.



9
JULY

GIRLS' CELL

“Girls' Cell”, an exclusive forum for girl students, inaugurated their club with an eye opening awareness session delivered by Ms. R. Nishanthini IPS, Inspector General of Police, Intelligence, SS13HQ.



9
JULY

SCIENCE CLUB ACTIVITIES

On 09 July, the Department of Science, under the guidance of Mr D. R. Jose, State Treasurer of Sasthra Vedhi, conducted an engaging session. Mr K. Suresh Kumar, District President, Sasthra Vedhi, Trivandrum, Science Communicator and Magic Science Demonstrator, conducted the Magic Science Experiments session in Physics Lab.



18
JULY

MOON DAY

The Science Club commemorated Moon Day on 18 July, 2026 with a Moon Watch Programme.

Mr Sreekrishna, Executive Committee Member, Breakthrough Science Society, Trivandrum, engaged the students with the Moon, its phases, surface features, lunar exploration and the importance of astronomical observations.

Ms Suja Raveendran, Vice President, Breakthrough Science Society, guided the students in observing the Moon through a telescope.



23-27
JULY

STUDY TOUR (Class XII)

Educational Tour to Chikmagalur – Mysore – Bangalore

The five-day educational tour to Chikmagalur, Mysore and Bangalore was conducted successfully as per the planned itinerary.



25
JULY

COLOUR DAY - ORANGE (KG Section)

Kindergarten celebrated Orange Day providing children with engaging hands-on learning experiences that highlighted the significance of orange colour strengthening their psychomotor skills.

15
AUGUST

NATION FIRST, ALWAYS FIRST

The 79th Independence Day was celebrated with patriotic fervour at the school campus in unison, bringing Christ Nagar Higher Secondary School, Christ Nagar Central School and Christ Nagar English Medium Higher Secondary School together. The celebration was graced by Chief Guest Maj. Vivek Vijay, Administrative Officer, 2 Kerala NCC Battalion,

along with Rev. Dr Thomas Chathamparampil CMI, Rev. Fr Jojo Vadakkeparambil CMI, Rev. Fr Cyriac Kanayil CMI, Rev. Dr Titto Varghese CMI and Rev. Fr Robin Pathinarilchira CMI. The flag hoisting, NCC parade, patriotic performances and other programmes reflected the spirit of unity, pride and love for the nation.



ARTS FEST & INTER-HOUSE COMPETITION

PRATHIBHOTSAV 2026



The **screening** for various events for **Prathibhotsav 2026** commenced on 12 June, 2026.



Prathibhotsav 2026 – A Vibrant Tapestry of Talent and Expression had its name and logo launch on 18 June, 2026.



Prathibhotsav 2026 was inaugurated on 29 June by Rev. Fr Samji Vadakkedom, Principal, Christ Nagar Public School, Maranalloor, with the renowned playback singer Sri. G. Sriram as the Guest of Honour.



Prathibhotsav 2026 had the Individual Competitions in Arts and Literary events on 29 and 30 June.



On 04 July, the Inter-House Competitions included Jam, Mock, Poetry Visualization, Harmony, English Drama and Dance 'O Mania', igniting the competitive spirit, and fostering the camaraderie among the students.



PRATHIBHOTSAV PRIZE DISTRIBUTION CEREMONY

01 July witnessed an array of prizes being distributed for Category 2 and 3 prize winners of various events.

The prize winners of LP section were appreciated with certificates and trophies on 17 July, 2026.



INTER-SCHOOL AND CISCE ZONE A INTER-SCHOOL COMPETITIONS

12 June

The screening for various events was flagged off on 12 June, 2026 by a team of teachers-in-charge.

26 June

La Fest, the Inter-School Cultural Competitions hosted by Loyola School, Trivandrum, was conducted on 26 June. The champions of Christ Nagar Hr Sec. School secured the Runner-Up title.

03 & 04 June

CNI MUN was hosted by Christ Nagar International School, Kazhakootam, on 03 and 04 June, 2026.

11 July

Christ Nagar Higher Secondary School, Kowdiar, hosted the CISCE Zone A Inter-School Roller Skating Championship 2026 on 11 July 2026, with our students securing seven gold, two silver and one bronze medal.

17 & 18 July

VIMARSH MUN hosted by Bharatiya Vidya Bhavan, Manvila, the Best School Delegation was bagged by our school. Our team of students were declared the CHAMPIONS – VIMARSH MUN 2026.

24 July

Frank Anthony Memorial All India Inter-School Debate Competition 2026, Category II, Preliminary Stage, was hosted by Lecole Chempaka .

Mukund Arun (10 P) and Ananthapadmanabhan A V (9 P) secured the BEST TEAM Award.

Mukund Arun was lauded the Best Speaker.

25 July

RDV 2026 – Inter-School Arts Fest was hosted by Sarvodaya Vidyalaya ISC, Nalanchira.

The prestigious programme witnessed our students securing Third positions in both Melodica and Seismic, the Song and the Dance competitions respectively.

01 August

Fr George Hess Memorial Literary and Painting Competition hosted by Infant Jesus Anglo-Indian Hr Sec. School, Kottayam found Karthik S K (8R) and Abdul Haq R (8T) securing the First position in the Sub-Junior Category Quiz Competition.

In the Junior Category, Ananthapadmanabhan A V (9P) and Mukund Arun(10P) secured First Position.

In the Painting Competition, Janaki Renjith (11P) secured First position in the Senior Category, Siddharth Saroj (9Q) stood First in Junior Category and Avaneesh Jayapal (7Q) bagged the Second Prize in Sub-Junior Category.



SPORTS PREMIERE

03 July – CISCE Zone A CHESS CHAMPIONSHIP 2026



Sneha Krishnan (VIII S)
Second position
U-14 Girls



Advika B. S. (VIII R)
Third position
U-14 Girls



Sreehari S Mecheril (IX P)
Second position
U-17 Boys



Suryanarayanan M. S. (IX T)
Third position
U-17 Boys

CISCE SWIMMING COMPETITION



Kesav Shanker (X P)
1 Bronze (Nationals)
1 Gold, 3 Silver, 1 Bronze
(Regional Level)
3 Gold (Zone A)
U-17 Boys



Abhirami S (VII T)
2 Gold, 1 Silver (Zone A)
1 Silver, 1 Bronze
(Regional Level)
U-14 Girls



Karthik G (VI P)
1 Bronze (Zone A)
U-14 Boys

22 July TABLE TENNIS COMPETITION



Kirthana Nair (IX T)
Regional selections
U-17 Girls



Advith Arun (VII Q)
Regional selections
U-14 Boys



Advait Bhaskar C K (IX U)
Regional selections
U-14 Boys

24 July FOOTBALL COMPETITION

12 players participated in the CISCE Zone A competition held at St. Thomas Residential School.

08 July CISCE BASKETBALL COMPETITION



Nithish T Samuel (IX R)
Regional Level Selections
for Basketball CISCE Zone A

10 July REGIONAL CRICKET SELECTIONS

Selected for the CISCE Zone A,
conducted by Sarvodaya Vidyalaya



Bodhi Namadev
(X U)



Mohammed Ayaan Sarin
(VI Q)

11 July – REGIONAL SKATING CHAMPIONSHIP



Nithya Purnima (VII P)
2 Gold medals for
Rink 3 500m and Road 3 2000m
(U-14 Girls)



Avaneesh Jayapal (VII Q)
Gold medal for Inline Road race 2 and
Silver medal for Inline track Rink 3 500m.



Talisha Juan S (IV R)
2 Gold medals for
Quad Rink 1 500m and
Quad Road 1 1500m.
(U-11)



Chryso Don Bosco (IV T)
Gold for Inline 1000m and
Silver for Inline 500m
(U-11)



Parameswara Iyer K (IV R)
Gold for Rink 1 1500m and
Bronze for Rink 1 1500m.

23 July CISCE ZONE A TENNIS COMPETITION

The qualified Tennis Champions selected for Regionals



Aardhra S. Kiran (VIII T)
U-14 Girls



Mariam Balu (VI R)
U-14 Girls



Albin J. Perayil (VII T)
U-14 Boys



Sara Balu (VIII Q)
U-17 Girls

ORIENTATION AND AWARENESS PROGRAMMES

19 May

An enlightening Orientation and Awareness programme for the teachers for strengthening conceptual learning approaches for the new academic year was conducted on 19 May by Mr P. Devaraj, Director of Cosmic Maths Foundation.



29 May

Mr Thomas Poovattil, Retd. Teacher and Malayalam scholar, Christ Nagar Public School, presented an Orientation and Awareness Programme for the faculty of Malayalam.



22 June

An awareness session was thrown light on Mental Health on 22 June at Chavara Hall by eminent psychologist Ms Gayathri Nagarajulu.



24 June

The most-needed advice on Social Media Awareness was conducted by the Computer Club on 24 June. Prof. Dr Rajarajeswari enlightened our student community with her updated information.



01 July

On 01 July 2026, the Social Science Club organised a Legal Rights Awareness Programme with Ms Lekshmi K. Thampi, Senior Civil Judge and Secretary, Thiruvananthapuram District Legal Services Authority, and Advocate Geetha Mukund to feature the crux of the session.



07 July

A talk on Adolescent Health was delivered by Dr Amitha Radhakrishnan Nair, Additional Professor, Department of Transfusion Medicine, SCTIMT, Trivandrum, on 07 July, 2026. It was organised by Malayalam Club.



09 July

A Magic Science Experiment Session was conducted in the Physics Lab by Dr K. Suresh Kumar, Science Communicator and Magic Science Demonstrator.



09 July

Ms R. Nishanthini IPS spoke on “The Rights and Responsibilities – Developing Self-Confidence in Girls” as part of the Awareness Drive by Girls’ Cell 2026–27.



17 July

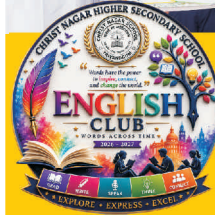
Hindi Club presented a talk titled “Wellness Begins with Awareness.” The speaker, Mr Shal Sonar, Counselling Psychologist, engaged the audience on the wellness programme.



OPEN SPACE & CLUBS



05 June
Creative Club



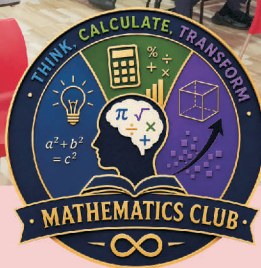
15 June
English Club
Inauguration



18 June
Hindi Club
Inauguration



22 June
Computer Club
Inauguration



24 June
Maths Club Inauguration



01 July
Interactive Club
Inauguration
(Social Science)



07 July
Malayalam Club Inauguration



09 July
Science Club
Inauguration (Physics)

HEALTH & WELLNESS

31 July

As part of immunization initiatives, the Urban Primary Health Centre (UPHC), Nanthencode, organised an HPV vaccination drive for the girl students born between 31 July, 2011 to 31 July, 2012.



GERMAN COURSE PASCH CAMP

The Goethe-Institute, Bangalore organised a two-day German PASCH Camp on 11 and 12 June at Hilton, Thiruvananthapuram, for 52 students from our German language programme.



26 July

Deekshitha G. and Padmanabhan Nair of Class 10 P were awarded scholarships by the Goethe-Institute Bangalore and Goethe-Zentrum Trivandrum to attend a 21-day PASCH Youth Camp from 05 – 26 July in the beautiful town of Benedikbeuern near Munich, Germany.



28 July

A Theatre programme was conducted at Goethe- Zentrum for German students of Christ Nagar ICSE. Theatre artist Katin Kaspringinsfeld, Germany, under Susanne Koschig, Director, had a performance which included story-telling, puppetry, shadow theatre and chalk drawing.



17 - 21 August

The German Circus Project was conducted at Goethe-Zentrum between 17 and 21 August. Manuel and Frederike taught 20 children from Class 6 different circus acts. The children learnt juggling, acrobatics, magic tricks and clown acts.



NCC

01 June – 10 June, NCC Camp

Our Second year NCC Cadets proudly participated in the Annual Training Camp held at Sarabhai Institute of Science & Technology, Vellanad, from 01 to 10 June, 2026 conducted by 2 Kerala Battalion NCC.



NCC Cadet Selection



The NCC enrolment for 2026 was conducted on 12 June, 2026. The physical test and enrolment of the cadets were done by Commanding Officer Colonel Jaishankar Chaudhari from 2 Kerala Battalion NCC. A total number of 50 cadets were enrolled for the year 2026-'27.

EXTRA-CURRICULAR ACTIVITIES

18 June

Inauguration of Extra-Curricular Activities (Roller Skating, Karate, Chess, Yoga and Aerobics)

COUNSELLING

Personal counselling sessions were organised for students of Classes 10 and 12, offering individual guidance, emotional support and assistance in addressing their academic and personal concerns.

INTER-HOUSE and SPORTS ACTIVITIES

09 June FIFA World Cup Launch



02 July Basketball Team Selections

06 July Cricket Team Selections

22 July onwards

Athletic Imperium – Screening of Various Sports Events

TURNING NEWSPAPERS INTO HOPE – CHIRAG INITIATIVE

Christ Nagar ICSE School has partnered with Helping Hands Organisation (H2O) to support the CHIRAG Initiative, a meaningful endeavour that transforms old newspapers into opportunities for a better future. Through the monthly collection of newspapers, the initiative supports vocational training for individuals with disabilities, while promoting recycling and sustainable practices. This collaboration beautifully reflects the school's commitment to environmental responsibility, social inclusion and empowering lives through purposeful action.



THE MAGICAL BLOOM OF GIFTS ON A BIRTHDAY



Akshara Babu of Class 5 R celebrated her birthday on 29 August by making a thoughtful contribution to the School Library. She has chosen to donate two sets of complete collection of Harry Potter Series to the School Library.

AVANITHENNAL – A KALEIDOSCOPE OF ONAM JOY AND TRADITION

Christ Nagar Higher Secondary School, Kowdiar, celebrated 'Avanithennal', its vibrant Onam celebration, on 21 August 2026. The event was graced by Mr Robin Roy, Idea Star Singer fame as Chief Guest. The celebration featured an Onam message by Rev. Fr Dr Thomas Chathamparampil CMI, Manager and an inaugural address

by Mr Robin Roy, followed by warm Onam wishes from the Principal and Vice Principals. Graceful dances, melodious songs, rhythmic Shingarimelam and traditional performances filled the campus with the festive spirit of heritage, harmony and joy.



Thank
You

